

## Ovulation test



**Ovulation test** is presented by Pregaplan **Ovulation Strip** - the single-step **ovulation test** kit, which lets you check whether you are ovulating. This test is a rapid chromatographic immunoassay for the detection of the LH hormone in urine. LH is Luteinizing Hormone that aids in the early **ovulation** detection.

Active ingredient: [Ovulation Test](#)

Disease(s): Ovulation / Baby Planning / Fertility / Infertility

### Ovulation test 5mg

	Per strip	Per Pack	Order
5 strip	\$ 2.99	<b>\$ 14.95</b>	<a href="#">Add to cart</a>

### What is this Product?

**Ovulation test** is presented by Pregaplan **Ovulation Strip** - the single-step **ovulation test** kit, which lets you check whether you are ovulating. This test is a rapid chromatographic immunoassay for the detection of the LH hormone in urine. LH is Luteinizing Hormone that aids in the early **ovulation** detection.

### What is ovulation?

Ovulation is the process of egg's release from the ovary. This egg then passes into the fallopian tube, where it is ready for fertilization. For a successful pregnancy, the egg must fertilize within 24 hours of its release. Just before ovulation, the body produces the LH surge (i.e. large amounts of Luteinizing Hormone). Usually the hormone surge happens in the middle of your menstrual cycle. This LH is responsible for triggering the process of ovulation. Pregaplan Test is a complete system to assist you in predicting the time of your peak fertility levels (i.e. the time when you are most likely to ovulate). During this time of maximum fertility, chances of conception are highest for the woman. The Pregaplan test detects the LH surge in the urine sample, indicating the occurrence of ovulation in the next 24 to 36 hours.

### What is Ovulation test needed for?

A woman's body works according to a certain cycle, with a 2-day special fertile window. These two special days are the period of the woman's maximum levels of fertility, when she has the highest chances to get pregnant. Many women experience ovulation around the day 14 of their cycle. However, this is not an established rule for every woman, and due to a number of reasons this process of ovulation can also take place earlier or later for different women. Therefore, this is one important reason why women go for **ovulation tests**, in order to chart one's fertility levels.

### When do I use these ovulation tests?

To determine when to start testing, you should do a little calculation first. Begin by determining the average length of your normal cycle, which could vary anywhere between 20 to 45 days. Start counting from the first day of your period (i.e. the first day of bleeding and spotting) and stop the count on the first day of your next period. This becomes the length of your cycle. If this length is different each month by more than just a few days, then simply go with the average number of days over the last three months. Once you determine the average number of days for the length of your cycle, and then refer to the cycle chart to determine which day of your cycle you should begin testing.

