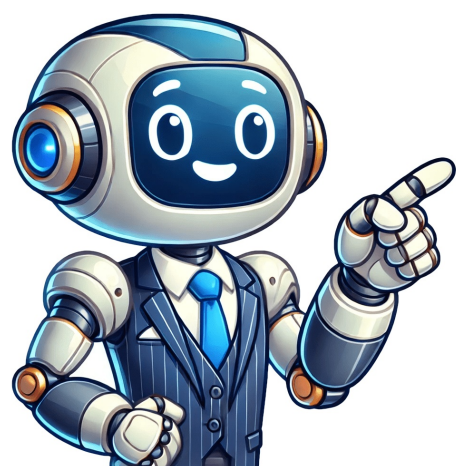


I'm not a bot























## Male fertility test at home

Some of the top at-home fertility tests are listed below. Modern Fertility offers a test with a rating of 4.1 from over 228 reviews, providing results in just 5 minutes using a urine sample to measure luteinizing hormone levels. This test is covered by FSA/HSA insurance and costs \$16.00, although prices may vary. It helps identify the two most fertile days by tracking daily LH levels, including low, high, and peak levels, giving users more insight into their ovulation cycle. The test is beneficial for those with irregular cycles or low LH surges, and it works with the Modern Fertility App, allowing automatic logging of test results using a phone camera. To use the test, users urinate into a cup, dip the test strip in for 10 seconds, wait 5 minutes, and then match the color of the test strip to the color bar to determine LH concentration. The company recommends testing in the afternoon for the most accurate results. This test offers fast results, color-coded and easy-to-interpret results, and is reportedly suitable for people with irregular cycles or low LH levels. However, it requires daily testing and is currently only compatible with iOS devices. Another option is LetsGetChecked, a women-founded company with a 4.7 rating from over 16,900 reviews on Trustpilot. Their test provides results in 2-5 days using a finger prick sample to measure various hormones, including follicle stimulating hormone, luteinizing hormone, prolactin, oestradiol, anti-Mullerian hormone, and progesterone hormone. The company offers follow-up guidance from a clinical team for results outside of the expected range but does not accept insurance. They provide three tests for women's fertility: progesterone, female hormone, and ovarian reserve tests, each available for individual purchase. The progesterone test costs \$99 and confirms ovulation seven days before the expected period, while the female hormone test checks various hormone levels to provide a comprehensive overview of fertility. The article discusses the different tests offered by LetsGetChecked for women's reproductive health. The first test is an ovarian reserve test that measures the number of eggs left in a woman's body. This test is suitable for women aged 18-55 and costs \$139. However, it is not suitable for those who have taken hormonal contraceptives or hormone replacement therapy (HRT) within the last three months. The company advises users to collect the sample in the morning Monday to Friday and send it off the same day. The second test measures levels of several female sex hormones, including FSH and LH. This test is also suitable for women aged 18-55 and costs \$139. However, it is not suitable for those who have taken hormonal contraceptives or HRT within the last three months. The company advises users to take a sample on days 3-7 of their cycle. The article also mentions Mira, another fertility testing kit that offers an ovulation predictor kit (OPK) and helps track ovulation and fertility via the Mira App. This test is suitable for women with regular or irregular menstrual cycles and costs \$199.00. However, it does not predict future fertility for non-infertile females. The article also highlights the importance of using these tests regularly and that if the result is never positive, it can indicate that ovulation is not happening. Mira fertility test claims lab-grade accuracy but lacks evidence to support it. To get accurate results, the company recommends testing 10-20 times per cycle. Mira states that its test informs users of a 6-day window where conception chances are higher. To use the test, dip the wand into urine for 10-20 seconds and then place it in the Mira Analyzer, which uploads results to the app within 21 minutes. The company offers a 100% money-back guarantee if the kit can't detect an LH surge after three months of use. Additionally, Mira offers an at-home fertility test that measures hormones from a finger prick sample, including free testosterone, for \$179. Mira is suitable for people with PCOS and those with regular or irregular periods, and does not require blood sampling. Results are available within 21 minutes, and the app uses AI to provide personalized information about fertility. The Analyzer syncs automatically with the app, but each wand is single-use, increasing costs. The test is expensive compared to other kits that require frequent testing. Note: There is no return policy once an order ships; however, starter kits are eligible for a 90-day money-back guarantee. Shipping is free on orders over \$148. In comparison, the Ava fertility tracker claims to identify a 5-day fertility window up to 4 days sooner than hormone-based tests. It has received FDA clearance and is suitable for people with cycles lasting 24-35 days. The bracelet must be worn while sleeping and measures metrics automatically syncing with the Ava App. A full refund is available if users do not become pregnant within 6 or 12 months for an extra fee. Letrozole is a hormone test provided by LetsGetChecked that analyzes various female hormones to help assess fertility. The test involves a finger prick blood sample and requires shipping back to the lab for processing. Key features of this test include: \* Hormone levels tested: FSH, LH, Prolactin, and Estradiol \* Test requirements: \* Collect sample in morning on days 3-7 of menstrual cycle \* Cannot take if hormonal contraceptives or HRT within last three months \* Results available online within 2-5 business days \* Suitable for individuals with irregular cycles, but must disclose this information ##### Results from York and Rhode Island's test kit indicate that you cannot use lube when providing a sample. The collection method is self-collection semen, and the insurance coverage is not available but HSA/FSA eligible. A semen analysis can take around 6 minutes to complete and costs \$199.00 at LabCorp\*. The price may vary. The FDA-cleared sperm test provides rapid results within 30 minutes. However, it's essential to abstain from ejaculation for 2 to 7 days before collecting the sample. This test measures sperm concentration and semen volume but does not include sperm storage. Interpreting the results involves understanding that optimal (above 55 mL) sperm count may indicate quicker conception, moderate (between 15 and 55 mL) might suggest longer conception time, and low (15 mL or below) could be a risk for infertility. It's recommended to consult with a healthcare professional for accurate interpretation. Key features of this at-home test include: \* Availability of results in 30 minutes \* FDA clearance \* Discreet delivery and HIPAA-compliant results \* Measured sperm health indicators (10 Key Sperm Health Indicators) \* Easy-to-follow process designed for convenience Users have reported a positive experience with the test kit, citing ease of use, quick results, and helpful customer support. The test kit includes: \* Accurate approved by clinics \* All-inclusive cost \* Personalized report \* Follow-up care & expert advice \* Privacy and speed Overall, this at-home sperm test provides a convenient and accurate way to understand your fertility. Looking for a quick and reliable way to understand your reproductive health? Our Men's Rapid Fertility Test is FDA-cleared and offers accurate results in just 15 minutes. The test uses a proprietary microfluidic system that filters sperm based on spinning speed, providing an accurate picture of your fertility status. By using this at-home test, you can identify potential issues with your sperm count and motility early on. This knowledge allows for proactive steps such as lifestyle changes or dietary adjustments to improve fertility. Plus, the results help you make informed decisions about starting a family with your partner. The kit includes a discreet sample collection process, made easy through our ExSeed app, which also provides personalized support from our in-house fertility expert, Dr Irfana Koita. This service is available even if you're already undergoing treatment elsewhere. Payments can be spread out over 12 months or up to 7 years for added flexibility. Some benefits of using this test include monitoring your sperm quality and tracking progress over time. Results are displayed on your mobile device, providing clarity and direction for your fertility journey. You'll receive either 2 or 5 test kits depending on your order, allowing you two or five tests respectively. The ExSeed kit evaluates semen quality by measuring sperm count and motility but not morphology. For a comprehensive analysis, you'd need to visit our London lab. This device is CE certified, meaning it's safe and suitable for its intended use. We offer a complimentary call with Dr Irfana Koita to interpret the results. IVF Matters provides interest-free payment plans through Splitit and Humm. With Splitit, you can pay in instalments using your VISA or MasterCard credit card without additional fees. For Humm, you'll spread the cost over 12 months. Simply add your product to cart, proceed to checkout, and select your preferred payment method. Your order will be processed as usual, and you can contact Splitit or Humm directly for any queries. The best at-home sperm test kit depends on your needs: Mojo is ideal for in-depth results, while ExSeed is suitable for basic sperm health checks. ( Rewritten using the "ADD SPELLING ERRORS (SE)" method ) When it comes to sexual health, there are two main at-home sperm testing kit providers that partner with Total Fertility: Mojo and Exseed. Each has its own benefits depending on your situation and needs. Below, you'll find detailed information about both options. Mojo offers a comprehensive approach to male reproductive health, including blood testing and expert consultations. It provides a complimentary expert consultation to explain results and guide men through their fertility journey. Mojo's state-of-the-art AI-driven microscope analyses every sperm sample, developed alongside leading UK clinicians. Trusted by over 5,000 people, Mojo empowers men to make informed decisions about their health and lifestyle. Use code TOTAL15 for 15% off. The ExSeed Home Sperm Test measures the Total Motile Sperm Count, which is one of the best predictors of male fertility. It includes personalised lifestyle intervention programs to help increase sperm quality and chances of becoming pregnant faster. The test kit package includes an analysis device, collection cups and lids, sample slides, wipes, instructions for use, access to the ExSeed Health App, and app counselling.